

2024 Special Beginnings Classes



Special beginnings classes at Wayne HealthCare are a wonderful way for new or experienced parents to learn more about ways to care for their newborn.

Two-Week Series Childbirth Classes

Childbirth classes are a great way to prepare for labor and birth. These classes will provide important information about pregnancy, labor, and coping skills to help you adjust as new parents. The instructor will discuss pain relief options, including massage, relaxation, breathing and pain medications. A tour of the obstetrics department is included with this class.

Breastfeeding Classes

Breastfeeding is the healthiest choice for you and your baby. Our International Board Certified Lactation Consultant (IBCLC) will provide information on the physiology of milk production, prenatal preparation, positioning techniques, common problems and tips to help you succeed at breastfeeding.



2024 Special Beginnings Classes



All classes will be held at Wayne HealthCare
Community Room #1 – 1st floor of the new addition
Please use the Harrison Street entrance.

835 Sweitzer Street - Greenville, OH 45331

Childbirth Classes

2-Week Monday Series

6:00 pm - 8:00 pm

- January 8, 15
- March 4, 11
- May 6, 13
- July 8, 15
- September 9, 16
- November 4, 11

Breastfeeding Classes

Thursday Class

6:00 pm - 8:00 pm

- January 11
- March 7
- May 9
- July 11
- September 12
- November 7

All classes are free to mothers who plan to deliver at Wayne HealthCare. Childbirth classes are \$50 and Breastfeeding classes are \$10 for mothers who plan to deliver elsewhere.

**For more information or to register,
please call 937.547.5755.**